



RUFF HOUSE
WRESTLING

TAP INTO YOUR INNER DAWG AND JOIN THE RUFF HOUSE WRESTLING CLUB!!

WITH OVER 20 YEARS OF COMBINED COACHING EXPERIENCE YOU WILL MOVE
YOUR BODY IN ATHLETIC WAYS AND LEARN THE FUNDAMENTALS OF WRESTLING

Start:	TUESDAY/THURSDAY		End:
July 6th, 2023	K-4	5-8	Sept. 28, 2023
	6-7 PM	7-8 PM	

★ **THE OUTSTANDING MANASQUAN FIELD HOUSE** ★

\$100
ONE DAY PER WEEK

\$120
TWO DAYS PER WEEK

\$325
THREE MONTHS

COACH MIKE DAHROUGE
MDAHROUGE84@GMAIL.COM

Register at:
WWW.RUFFHOUSEWRESTLING.COM

COACH NICK SKOKOS
NSKOKOS14@GMAIL.COM

Use Discount Code SIBLING when
signing up 2 or more kids.